

New York NeuroLeadership Summit



October 28–30, 2008

The Hudson Theatre and Millennium Hotel
145 West 44th Street
New York, New York 10036

Spend 2.5 days with some of the world's top neuroscientists and leadership development experts studying insight, self awareness, mindfulness, habit, social interactions, empathy, emotions and related fields.

This summit will:

- Give you access to cutting-edge research into human performance, in easy to understand terms
- Help you understand and manage your own brain better
- Show you how to use neuroscience within coaching, leadership and learning programs to dramatically increase your capacity to influence change




Summit facilitated by:



Art Kleiner Editor of strategy+business magazine.

Register online at www.NeuroLeadership.org

Opening: October 28

Time	Presentation	Speaker	Description
2.00pm – 5.00pm	Pre-conference Neuroscience 101	 Lila Devaci, Ph.D., NYU	An introduction to the basic anatomy and physiology of the brain, focusing on areas most relevant to leadership. Presented by a leading memory researcher.
5.30pm – 7.00pm	Opening Social Hour		Meet the scientists and other participants in an informal setting. <i>Cash bar.</i>
7.00pm – 9.00pm	Opening Dinner		<i>Note this is the dinner that is included for participants booking for day 1 of the Summit.</i>
8.00pm – 9.00pm	Opening Keynote Attention Changes the Brain	 Jeffrey M. Schwartz, M.D., UCLA	 Henry Stapp, Quantum Physicist and Author Discover an explanation for one of the brain's biggest surprises from a leading neuro-plasticity researcher and a renowned quantum physicist.

Sponsors:





PROGRAM

Day One: October 29

Time	Presentation	Speaker	Description
7.00am – 7.30am	Guided Group Attention Exercise		
7:30am – 8.30am	Summit Breakfast		
8.30am – 10.30am	Keynote I The mental sketchpad: why thinking has limits	 Dr. Amy Arnsten, Yale Medical School	Discover the underlying physiology behind why thinking can be so difficult at times.
8.30am – 10.30am	Keynote II Stay Cool Under Pressure	 Kevin Ochsner, Ph.D., Columbia University	Discover the latest science on the link between stress and performance and how to better regulate our emotions in today's stressed-out world.
10.30am – 11.00am	Break		
11.00am – 12.30pm	Breakouts		
	<ol style="list-style-type: none"> The neuroscience of decision-making. Panel includes Dr. Amy Arnsten with Dr. Evian Gordon, and several senior leadership practitioners. The limits of memory. Discover the limits to our ability to remember and recall, and how to work around them, with Lila Devaci Ph.D., one of the world's experts on memory and the brain. The Anatomy of an AHA. Learn about the underlying anatomy behind the mysterious process of insight, with Dr. Mark Jung-Beeman (Chicago Northwestern University) and Chris Wink (founder of the Blueman Group). Facilitated by Jonah Lehrer, author of <i>Proust was a neuroscientist</i>. 		
12.30pm – 2.00pm	Lunch Keynote Know thyself: the latest science of mindfulness	 Dr Yiyuan Tang	Explore the recent discoveries about mindfulness and its impact on health and performance, with one of the leading neuroscientists from China.
2.00pm – 3.30pm	Breakouts		
	<ol style="list-style-type: none"> Mindfulness discussion. Panelists includes Dr Yiyuan Tang, Suzanne Kryder, Anna Tavis (AIG). Facilitated by David Rock. How expectations drive experience. With Dr. Robert Coghill (University of Florida). 		
3.30pm – 4.30pm	Structured connecting time An opportunity to schedule an interest-group meeting to connect with others, and network with scientists and practitioners.		
4.30pm – 5.30pm	Keynote How we know each other	 Marco Iacoboni	Explore the neuroscience of empathy and resonance with one of the leading mirror neuron researchers.
5.30pm – 7.00pm	Networking & Drinks Meet the scientists and other participants in an informal setting. <i>Cash bar.</i>		
7.00pm – 9.00pm	Dinner Meet the scientists and other participants over dinner in the Hudson Theatre.		

Day Two: October 30

Time	Presentation	Speaker	Description
7.00am – 7.30am	Guided Group Attention Exercise		
7:30am – 8.30am	Summit Breakfast		
9.00am – 10.30am	Keynote The brain is a social animal	 Matthew Lieberman, Ph.D (UCLA)	New research is starkly illustrating the significance of the social world to the brain. Learn about new findings from social neuroscience from one of the founding fathers of this important new field.
10.30am – 11.00am	Break		
11.00am – 12.30pm	Breakouts		
	<ol style="list-style-type: none"> Panel on the neuroscience of leadership. Panelists include John Case (CEO, Electrolux Home Products North America), Matthew Lieberman Ph.D., Eugene Baker, (Optum), Cathy Greenberg, Diane Coutu (Harvard Business Review). Panel on education and the brain: how neuroscience can improve education. Panelists include principle of Blue School (K-12) and Al Ringleb, (director of Cimba business school), Kevin Ochsner, Ph.D. And so what, an exploration of neuroscience in everyday life. With Dr. Carlos Raimundo. 		
12.30pm – 2.00pm	Lunch Keynote A quantum theory of trust	 Karen Stephenson	Explore a systems perspective on how change occurs across a large community, drawing on the neuroscience of trust and connectivity.
2.00pm – 3.30pm	Breakouts		
	<ol style="list-style-type: none"> The neuroscience of culture change. Discuss how the findings from the summit can be used to drive systemic change. Panelists include Karen Stephenson, Brent Oberholtzer (Department of Treasury), Marsha Shenk, Dr. Evian Gordon. Coaching with the brain in mind: a new science for coaching. Explore a new approach to education around coaching. Panelists include Christine Williams (NASA) and Scott Wigley (American Express). Facilitated by Linda Page, Ph.D., a leading coaching academic. 		
3.30pm – 4.30pm	Structured connecting time An opportunity to schedule an interest-group meeting to connect with others, and network with scientists and practitioners		
4.30pm – 5.30pm	Closing Keynote Drive Change	 David Rock, author and leadership development consultant	This session brings together the findings presented at the summit. It will outline the shape of the neuroleadership field, illustrating what we know, and what we need to research further, as well as the opportunities and threats.
5.30pm – 7.00pm	Informal networking at a local venue to be defined on the day, for those interested in participating.		